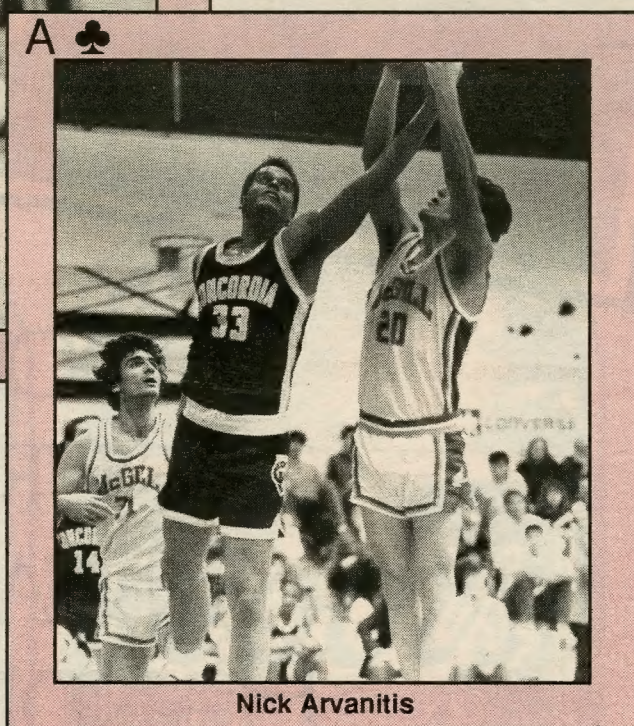
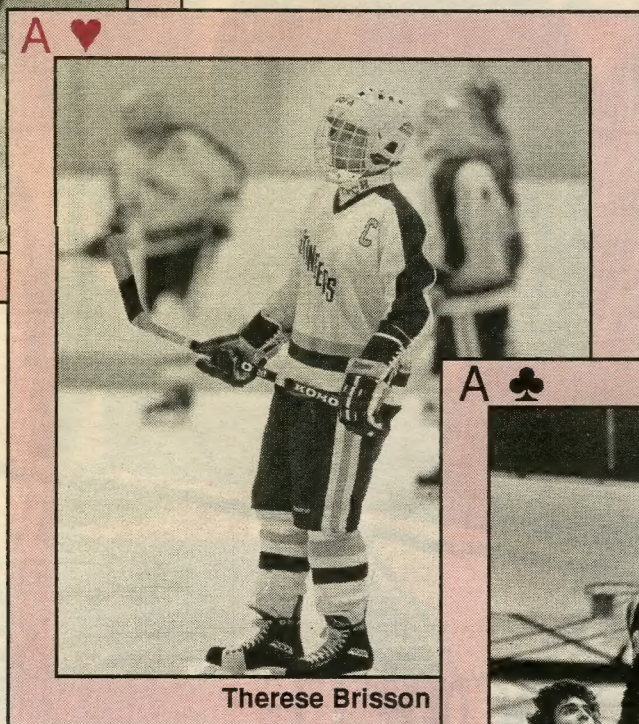
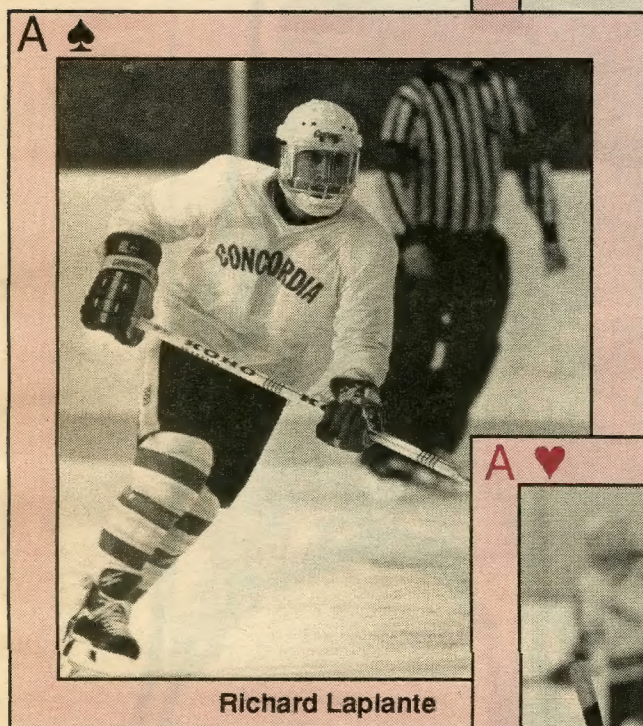
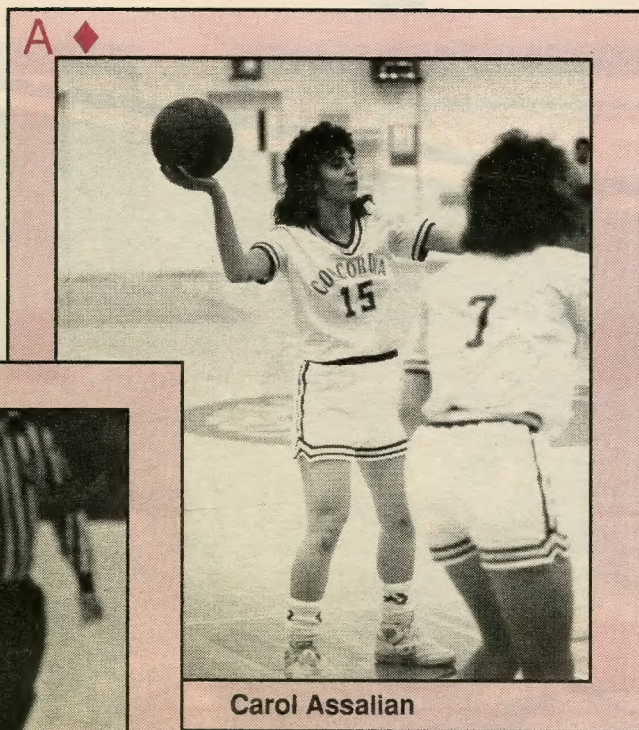


# The Sting

Concordia University  
Montreal, Quebec  
Vol. 2, No. 2  
November 1988

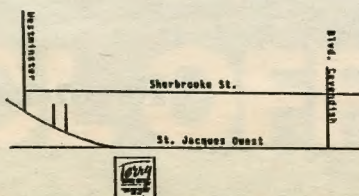
## Stinger Aces

- Concordia's Olympians
- Varsity Team Updates
- Scholarship Winners



Sting: Cliff Skarstedt

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# The Sting

Concordia University, Montreal, Quebec, Vol. 2, No. 2, November 1988

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by Trent Tilbury

The Loyola Sports Complex is a busy place these days. All of the varsity teams have started their schedules.

The Concordia Football team came up a buck short in their attempt to make the playoffs. They lost 23-15 to the Ottawa Gee Gees on October 21. That loss dropped them into a fourth place tie with the defending National Champions who can remain anonymous. The Stingers had consecutive victories against the nationally ranked Queen's Golden Gaels and Bishop's Gaiters.

Concordia placed seven players on the conference All-Star team. This was more than any other team. The seven players named to the squad included: quarterback Ron Aboud, receivers Mirco Butth and Pat Yoshly, offensive lineman Richard McCrory and Paul Vajda, linebacker Martin Ferdais and cornerback Stephane Chapados. Vajda was also selected the top lineman in the conference. He is nominated for the coveted J.P. Metras trophy (top lineman in the CIAU), which will be awarded during Vanier Cup Week in Toronto.

Under the guidance of Lyonel Joseph, the Lady Stingers Soccer team were undefeated in regular season play. Their 8-0-1 record was the best ever by a QUAA women's soccer team. The Stingers host the Quebec Final on Sunday, November 6th.

Individually, the Stingers were led by Rookie Sophie Drolet, who scored an amazing 17 goals. She was followed in the scoring parade by National Team Members Annie Caron and Connie Cant with 8 and 6 goals respectively. The Stingers are a favourite for the National Championship, which will be contested November 11-13 in Vancouver.

Concordia student athletes received eight Quebec Foundation Scholarships on Thursday, October 27th. Academic scholarships were awarded to female hockey star Therese Brisson (Exercise Science) and rookie basketball star Allan Cox (Economics). Top recruit scholarships were awarded to basketball players Dexter John and Leon Pierre, Connie Cant of the Women's Soccer team and Bobby Desjardins of the Men's Hockey Team. Awards of excellence were awarded to soccer player Annie Caron and Olympic track and field competitor Julie Rocheleau. Caron was MVP for the Stinger Alpine Ski team last year. Rocheleau is a world-ranked hurdler who studies psychology full-time.



Sting: Paul Hrasko

Outstanding Stinger soccer rookie Sophie Drolet

Both Stinger Basketball teams will look to improve this season. The men hosted an eight team tournament last weekend. The 23rd annual Centennial Classic was won by Western. They defeated the Stingers 90-88, scoring with 10 seconds left in the contest. Concordia reached the final with a thrilling 100-99 victory over McGill. Second-year Stinger Dino Perin was selected a tournament All-Star.

The Lady Stingers host the Converse Classic from November 18-20. National finalists McGill and Laurentian are both competing. Winnipeg, Canada's eighth ranked team last year, are also participating in the Tourney.

The Stinger Wrestling team will be going after their 6th consecutive National Title this year. Key returnees include National champions Andy Borodow and Rob Dawson. They will be joined by National Junior Champion Mike Meekins in their quest for National glory. Concordia will be hosting the World Sambo Championships December 1-3. Sambo is a cross between judo and Greco-Roman wrestling.

Concordia's Varsity Ski team has their annual ski sale slated for Nov. 2-5. The Women's Ski team was victorious last season and two key members are Leslie Clement and Annie Caron, who are also members of the Women's Soccer team. Former pro Robert Seguin and veteran Marc Scheib will lead the Stingers to the summit this season.

The brand new varsity Women's Volleyball squad continues to flourish under the watchful eye of Coach Melanie Sanford. With a record of 8-4, Sanford's team has taken the volleyball world by storm. In their most recent competition, they succumbed to Laval by scores of 15-9 & 15-11. It's important to note that Laval is ranked second in Canada. Former National Team member Sanford has created the foundation for a future national contender. The expansion Stingers will host a tournament on November 12th.



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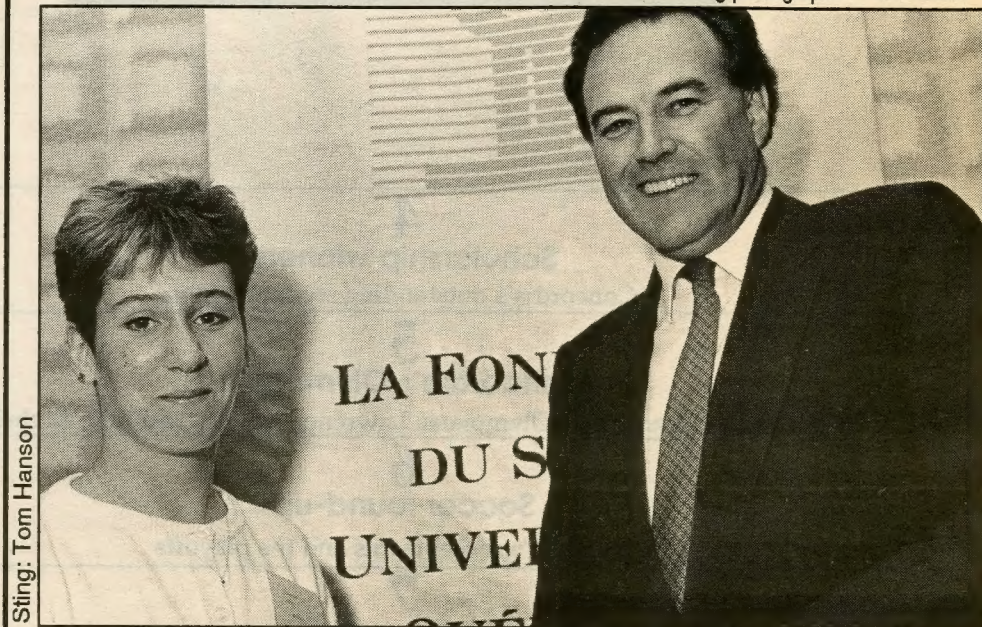
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## Scholarship winners

Eight scholarships were presented to Concordia athletes at the Quebec Foundation Banquet held Thursday, October 27. One of the recipients was Julie Rocheleau, who is featured on page 5.

Sting photographer: Paul Hrasko



Sting: Tom Hanson

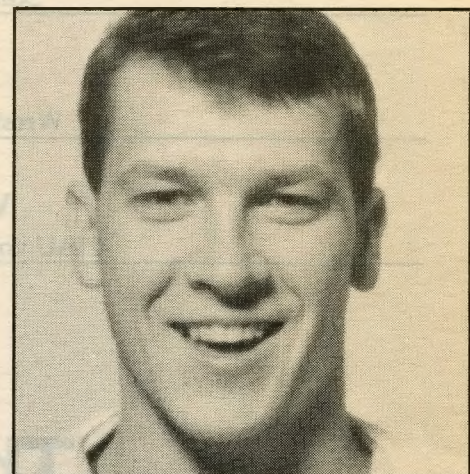
Pierre Dubé, Foundation Chairman, presents scholarship to Connie Cant.



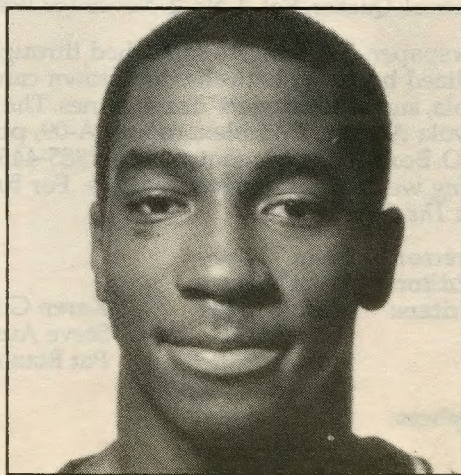
Dexter John, left, and Allan Cox; basketball



Annie Caron; soccer, skiing



Bobby Desjardins, hockey



Leon Pierre, basketball



Therese Brisson, hockey



# Concordia's Olympians

## Julie Rocheleau: world-class track star

by Trent Tilbury and Brian Shore

Success has not come easy for world-class track star and Concordia student Julie Rocheleau but a strong Olympic showing made her long hours of training worthwhile.

The 24-year-old psychology major recently placed sixth in the 100-metre hurdles event at the Seoul Olympics, leaving her with high expectations for the 1992 Games in Barcelona, Spain.

In fact, her Olympic Qualify time of 12.78 in the 100-metres would have been fast enough to win the gold at the 1984 Games, where the winning time was 12.84.

Concordia is the most recent stop for the Ahuntsic native, and has been her home since 1985. She spent three years studying and training in Toronto, including a one-year stint at Ryerson University and two years at York University in Toronto, where she worked for a year under coach Charlie Francis, who also coached Ben Johnson.

She found training in Toronto too expensive as well as facing other tribulations such as not being included on the national track and field team and not being a carded Olympic athlete.

"I like the facilities here now, and I'm adjusted to everything here," Rocheleau said of her new home at the Claude Robillard Centre. "I like Montreal very much."

Rocheleau also said she is able to receive bursaries as well as student loans in Quebec, making concentrating on her training a little bit easier. But her road to the Olympics has not been easy.

Rocheleau left home at the age of 18 to pursue her dream and was dealt a blow in when her mother died in 1983, the same year she was the top Junior hurdler in the country. The tragedy cut into her training as she gained 20 pounds and had trouble shedding the weight to return to racing form.

She missed the 1987 World Track and Field Championships because of tendonitis and a pulled hamstring, which was a major disappointment.

"I was ready for good times before I got injured," she said.

She has also had to deal with unsympathetic teachers, who were not understanding when she missed summer school classes to attend the Commonwealth Games. Hard work and perseverance, however, have been Rocheleau's trademark.

"When you have to overcome barriers, you become a stronger person," she said.

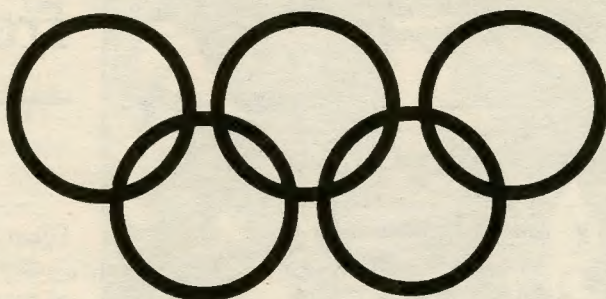
She has raced primarily in Canada and the U.S. in order to cut down on travelling but will soon be leaving for Europe in order to test herself against the world's best athletes.

"I'm going to Europe to train for a couple of weeks to try to find the level of competitiveness that could help me go faster," she said.

"When you get to a really good level of competition like the Eastern Bloc countries and other countries like the French - it makes it difficult. I don't get that competitive feeling in Canada."

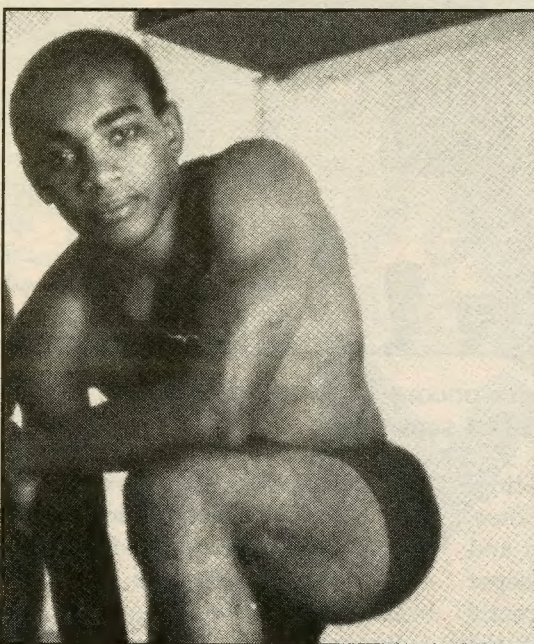
Rocheleau has a positive outlook on the future and plans to deal with things as they come along. She has no regrets about deciding against studying and training at an American school, where a rigid training regimen is required.

"I'll take a little bit more time to go through school but at the same time, if



Sting: Tom Hanson

Julie Rocheleau, Olympic hurdler



Ron Levine

Lawrence Holmes, Olympic wrestler

## Lawrence Holmes: Olympic wrestler

Although his wrestling career has taken him from Los Angeles to Seoul, Concordia student Lawrence Holmes continues to be drawn back into the classroom.

Holmes, 26, came here in 1986 from McMaster University where he completed a bachelor of physical education degree. The 3-time CIAU champion came to compete for the Montreal Wrestling Club under the guidance of national team coach Victor Zilberman. He also started a degree in Sports Administration at Concordia, which he hopes to complete by the spring.

Ironically, the goal of all this education is to get him back in the classroom—as a teacher.

"I get confused about it myself sometimes," Holmes said of his academic career with a chuckle. "But teaching is something I've always wanted to do."

"I taught elementary last spring and I liked that," he said. "I haven't done my secondary teaching yet and then I'll make up my mind but I think I'd like to teach secondary."

"I'd like to deal with older kids but with any kids it's always nice to have them controlled," he deadpanned, "maybe by gagging them."

Holmes, who recently won the 125 lb class of a Czechoslovakian tournament prior to the Summer Olympics, finished fifth in his pool at Seoul. He won two out of four matches, defeating Polish and West German wrestlers while dropping his bout against India and being pinned by the Hungarian competitor.

He says his participation in the 1984 Los Angeles Games, where he was eliminated after dropping his first two matches, helped him the second time around.

"I was more prepared physically and mentally," he commented. "And that played a large part in the way I wrestled."

He has noticed a change in his wrestling even over the last year and admits it is quickly becoming a sport for younger athletes.

"I've noticed the change in myself ever since I came here from McMaster," he said. "Working with Victor has helped with my technique but most of the recent rule changes favor the younger wrestlers."

"Once you get to my age, that's too far down the road to look. Most of the guys coming up now are younger and stronger and most of them are so intense."

Holmes plans to wrestle for a few more years with the MWC but is taking a month off to recover from the Olympic grind.



# Soccer round-up



Sting: Paul Hrasko

The Stingers are aiming for a November 11 date in the Soccer Nationals.

## Honour is safe for men's soccer team

by Marc Tougas

It will not go down in the books as a vintage year, but at least pride remains intact for the Men's Soccer team. After losing all their veterans except three or four, their goal in 1988 was simply to make the playoffs. And that they did, with a third place finish behind Sherbrooke and McGill, and a .500 record of two wins, two losses, and four ties during the regular season.

"From the beginning, we knew it would be tough," says Francisco Campo, who along with Vlad Pavlicik, has taken over the team's destiny, after a three-year stay by Andy Onarato. Coach Onarato left last year to direct the Montreal Supra.

"We tried to organize a disciplined, methodical style of play, where we circulated the ball with low passes up to the midfield and then to the forwards," explains Campo.

"The team spirit off the field was great," says veteran goalie Alex Polidoro. "It has even been greater than what I've ever known since I've been with the Stingers (since 1985).

"On the field, however, the integration between the midfield and the forwards was not there," says Polidoro. "We were missing a leader in the midfield.

"But the team has potential. The individual talent is there. Against McGill, we came within a few minutes of a win (McGill tied it up to 1-1 on a penalty shot, as they had done in the season opener at Loyola)."



Sting: Paul Hrasko

It's wait until next year for Concordia. The Stingers bowed out to McGill 1-0 in the QUAA semi-finals.

Steady players for the Stingers were defender Larry Corso, forwards Henrik Lystager and Maged Loka, as well as keeper Gennaro Angelillo, just recently declared goalie of the year in the semi-pro Quebec National Soccer League.

"It's going to get better in one or two years," says Campo.

This has indeed been a season of changes for Quebec varsity soccer. After years of a McGill-Concordia monopoly of league titles, the complexion has dramatically changed with Sherbrooke taking the regular season title this time, and in high fashion: to close the regular season, they beat the Redmen at McGill Stadium, thus putting an end to McGill's infamous 45-game home unbeaten streak.

And as well, with the help of a few Montreal-bred rookies, Bishop's has been tougher than ever, tying the Stingers and beating McGill.

By the time this issue of *The Sting* is published, however, the Stingers' season may still be far from over. The Stingers were to play the Redmen at McGill during the last weekend of October for the right to meet Sherbrooke for the provincial final, but in the Quebec University Soccer League, it's not always the most talented team which wins.... As the Stingers found out in 1987, losing to McGill after overtime and penalty kicks.

Who knows? As they say, once you're in the playoffs, anything can happen. After the Dodgers, the Stingers?

## Women's soccer team: from rags to riches

by Marc Tougas

What a difference a year makes.

A year and a lot of hard work at recruiting, that is.

Last year, the Concordia women's soccer team barely made it to the playoffs, finishing way behind front-runners Sherbrooke and McGill. In fact, they had trouble staying in front of the cellar-dwelling Université du Québec à Trois-Rivières.

But this year, the Stingers have jumped way ahead of everybody: eight wins, one tie and no losses, 17 points out of a possibility of 18, best offence in the league with 40 goals scored (over four goals per game), best defence with three goals allowed, Stingers Sophie Drolet, Annie Caron, and Connie Cant finishing one-two-three in the scoring race.... Nobody else was able to follow such a pace, and Concordia took the regular season title with ease.

Jennifer Beauregard is one of the few players of the 1987 edition who made the team again in 1988. She says the big difference is that the Stingers are no longer a one-dimensional team.

"Lyonel (Joseph, the head coach) kept the core of the defence (very tough in 1987 despite the team's poor stats) and integrated it into a system where all the aspects of the game are used to their maximal potential. We're not just relying on offence or defence."

Beauregard says the Stingers could easily sit back and rely on stars like Caron or Cant (both members of the Canadian women's national team) and still win their share of games, but they have not done so, as

devised by Joseph's system.

"The 11 players on the field depend on each other," says Joseph.

"In fact, all the players have scored at least once this season, including the defenders and even the goalies," says assistant-coach Gaspard d'Alexis, who in another soccer life plays for the Montreal Supra.

Joseph and d'Alexis have made a point of giving everybody a chance to play, including goalies and players switching positions in late stages of games.

When they started out the season, says Joseph, the Stingers simply hoped to make the playoffs. But as the season progressed and as they started to "Charlie Brown" everybody, i.e. beat everybody's pants off, they started to think about the top two spots, and finally the league title. With that in the bank, Joseph now is aiming for the provincial title and a ticket to the nationals in Vancouver.

Joseph won't say if the Stingers have a shot at the national title, but Beauregard says Concordia has at least a better chance than last year's Quebec champions, Sherbrooke.

"Sherbrooke relied mostly on three provincial-calibre players. That was enough to win the provincial title, but it was a different story when they played Vancouver, a team with 11 solid players."

Because they won the regular season title, Concordia earned a bye to the provincial final, to be played during the first week of November against second-place McGill or third-place Sherbrooke. However, the Stingers will try to keep their groove by travelling beforehand to the United States for two or three exhibition games.

Good  
Luck  
Stingers!

Dean of Students' Office



# Women's hoop scoop

by Catherine Dupont

The 1988-89 Lady Stingers begin their new season with seven returning players. The Concordia squad will need all the experience and leadership they can get from their veterans, as they play in a tough conference. All three opposing teams were ranked in Canada's top ten during the 1987-88 season.

Among the returnees, Carol Assalian and Suzie Czelnai will be leaders both offensively and defensively. In 87-88, Assalian had a banner season for the Stingers. The 5'6 guard averaged 13 pts per game and was named a QUAA All-Star for the second consecutive season. Czelnai was the leading rebounder on the team and finished second in scoring with an 11 pts per game average. Among the newcomers, 6'0 post, Cathy Millar adds size to the line up and rebounding strength. Millar was the captain for John Abbott College. The Islanders won the national championship last year. She also participated in the Canada games for Team Quebec. Rookie Sylvia Corbett also played for John Abbott in 1987-88. With experience, the 5'7 guard will be a strong addition to the Stingers line up.

The Concordia squad will be one of the youngest teams in Canada. The stingers' roster includes no fourth year and only three third year players. Head coach Louisa Zerbe begins her second season with

Concordia. Zerbe will count on team unity as every player has a specific job to accomplish on the court. To succeed, the Stingers must display a very strong work ethic, good defense and a disciplined team offense.

The Lady Stingers are in the hunt for a QUAA playoff spot and will be an exciting team to watch.

■ ■ ■

## Newcomers

Cathy Millar, post, 6'0, John Abbott College  
Sylvia Corbett, Guard, 5'7, John Abbott College  
Roberta Boyle, forward, 5'9, Champlain College  
Avery Mackay, post, 5'10, Bishop's High School

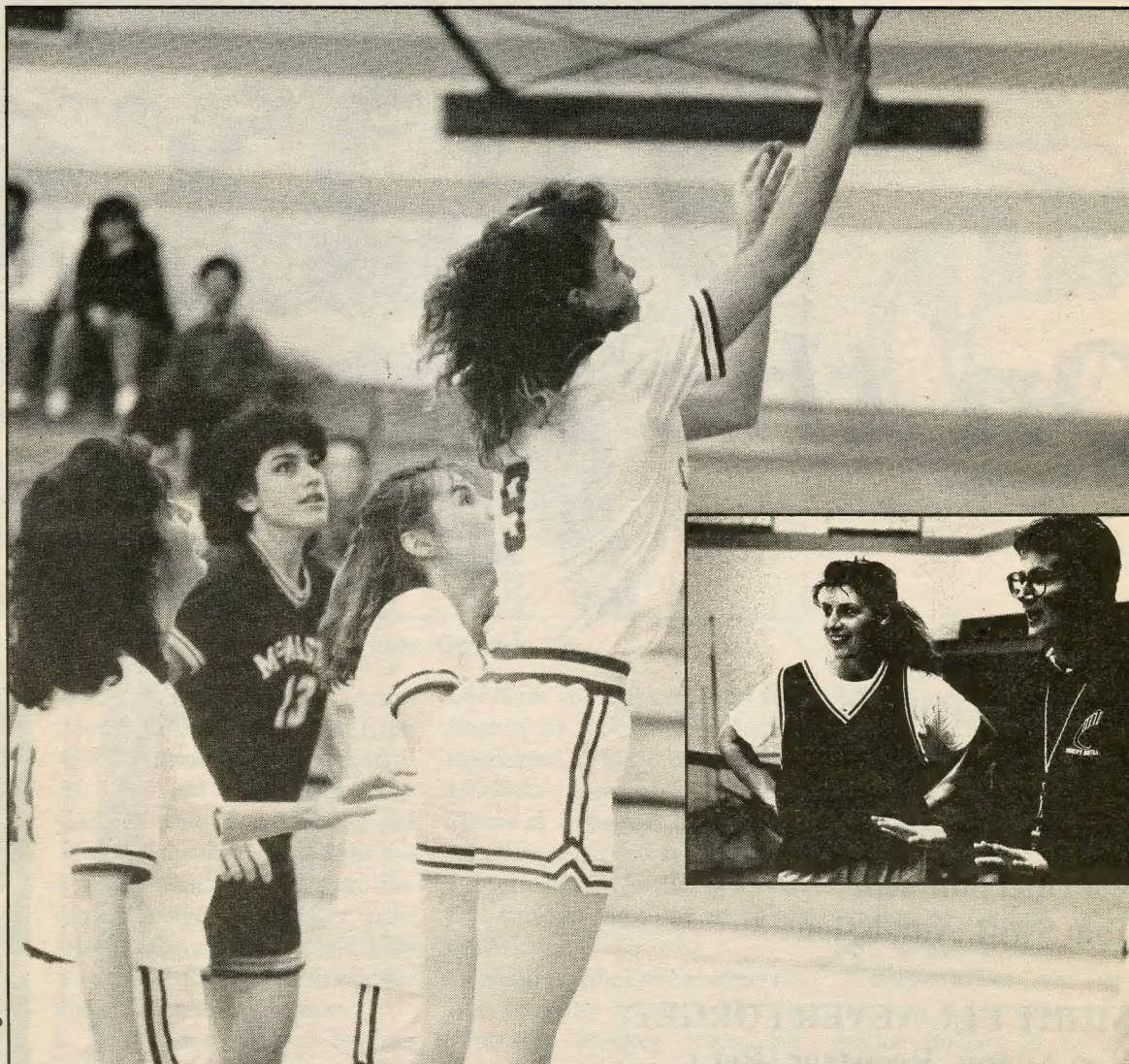
## Key Returnees

Carol Assalian, 3rd year, guard, 5'6, 22 years old, Dawson College, 13 points/game average in regular season play, QUAA All-Star in 87-88 and 86-87, rookie of the year in 86-87.

Suzie Czelnai, 2nd year, post, 6'0, 21 years old, Vanier College, team leading rebounder with 163 overall (6.5 /game average), second in scoring with 11 pts/game average.

Carole McIntyre, 3rd year, forward, 5'10, 22 years old, John Abbott College, 9 pts/game average, team second leading rebounder in regular season play.

Sharron St. Croix, 2nd year, forward, 5'8, 21 years old, Vanier College, 8.5 pts/game average, Rookie of the year in 1987-88, led in free throws with 21 out of 27 (77.89%).



Sting: Cliff Skarstedt



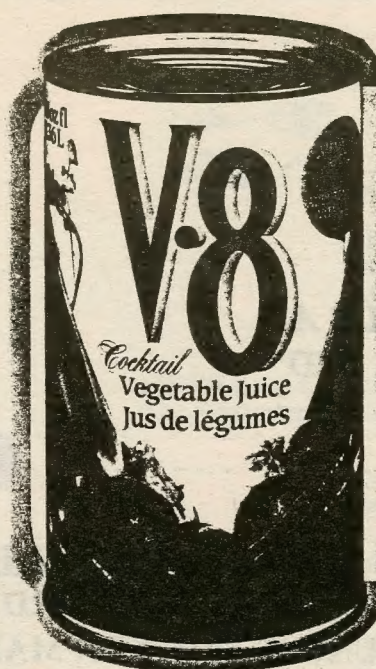
Sting: Paul Hasko

Carole McIntyre scores two against McMaster. Inset: Stinger coaches Dawn Fry, left, and Louisa Zerbe will need a total team effort to succeed in the tough QUAA this season.

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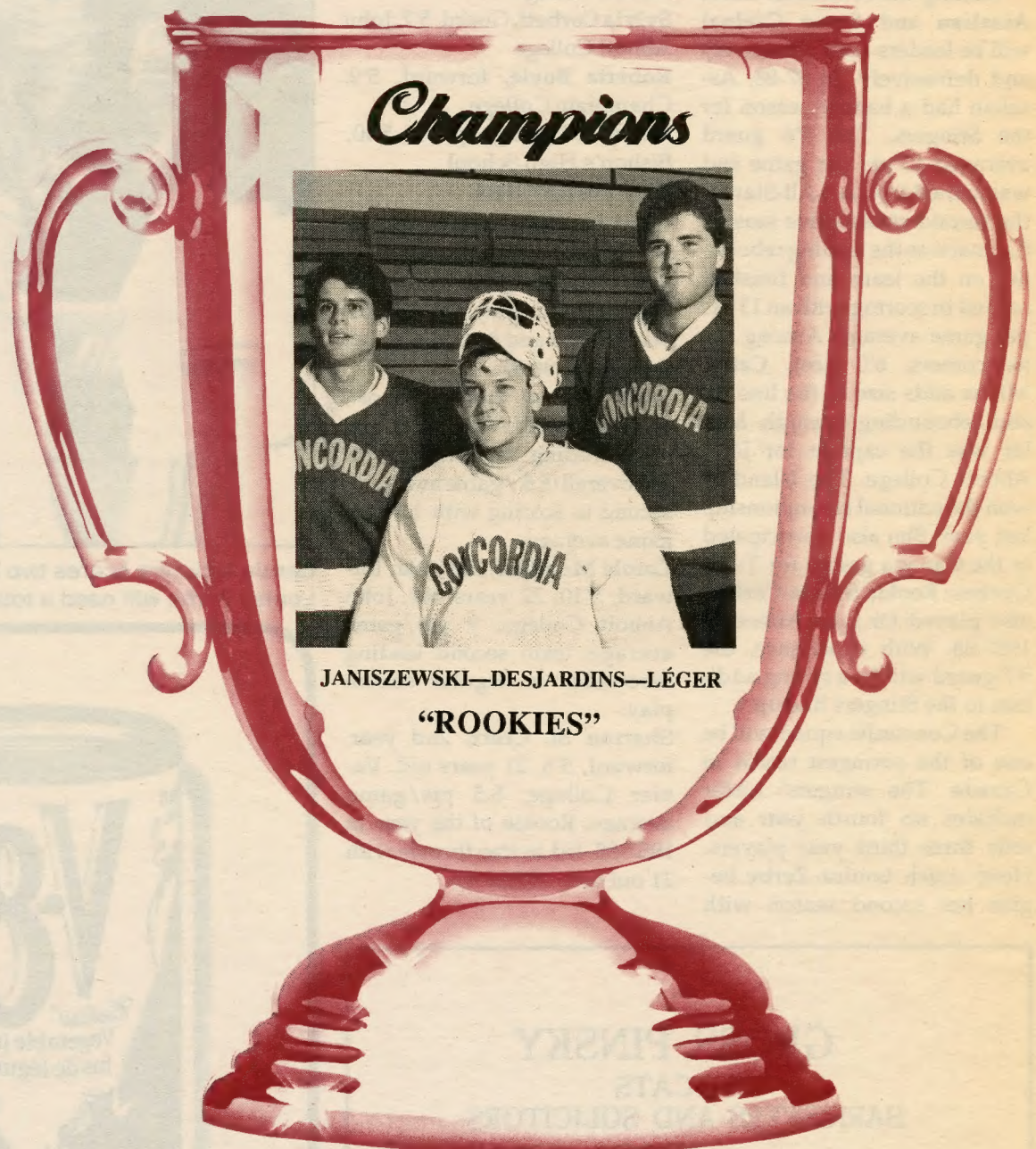
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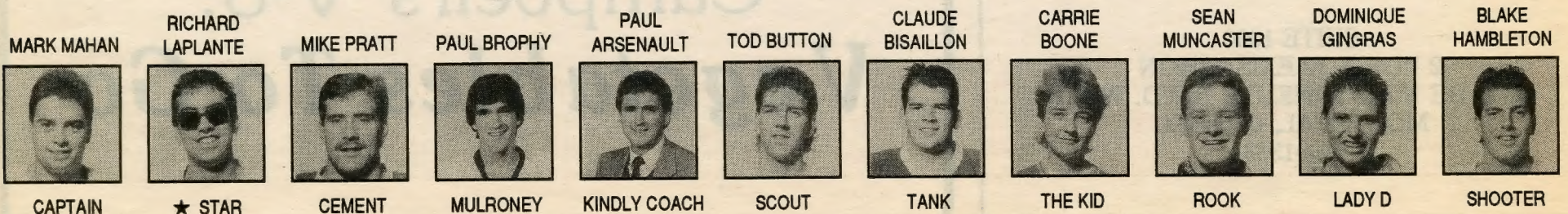
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# Women's Hockey

by Brian Shore

More than anything else, the Lady Stingers Hockey team wants to erase two nasty little words that haunted them throughout the off-season.

Last year.

The squad dropped the puck on the 1988-89 season against the Laval Rouge et Or Friday, October 28, the same team that beat them two games to none in last year's final. A pair of regular-season losses to Laval also cost the Lady Stingers first place in the league.

As a result of this, they are a team on a mission.

"Everybody's hoping to wipe out the end of last season," said Julie Healy, the Stingers' Assistant Coach.

"I'm really looking forward to it," said coach Les Lawton. "I figure we owe them one and our team is much better this year than it was then."

The Stingers demolished Laval 7-2 to avenge their defeat and have to be a favourite to take the provincial title.

This year's edition of the squad is a far different one than that dropped four out of six games to Laval last year, including the decisive 2-1 overtime match.

Returning in search of her fourth league scoring title, the third as a member of the Stingers, is Therese Brisson. Brisson is expected to shoulder the bulk of the scoring load.

Despite having finally received the type of attention her scoring exploits deserve with a recent profile aired on The Sports Network and mention in *The Hockey News*, she is by no means the team's only sniper.

Off-season recruiting has landed Debbie Woods-Turner, who led the John Abbott Islanders in scoring last year and Laura Leslie from Centennial College. Veteran Nancy Moore is another who will be counted on to put the puck in the net.

Other rookies include Maria Pia Chavez and Val Gaston from Abbott, Shana Hogan, Anna Landriault, Sophia Drolet, Laura Spiegel and University of Toronto product Joanne Bedard.

"We wanted to strengthen our program," Healy said. "We have nobody playing who has never played before, which is a different story from last year."

Veterans include Nathalie



Sting: Cliff Skarstedt

The Stingers defeated Laval 7-2 in their league opener Friday, October 28.

Hains, Michele Lapointe, Lisa Morgan, Donna Serrati and Sue Prosser, who will be a key player after moving from forward to goaltender to replace all-star Karen Kane.

"We won't be as strong in goaltending but Sue has a really good attitude," Healy pointed out. "If you scored on Karen earlier in the game, she was finished for the rest of the game but if Sue gets scored on earlier I think the team will work that much harder."

"She's not afraid of the puck at all and she spends a lot of time learning the game."

Prosser is working to improve with Stingers' goalie Sean Muncaster, who is tutoring her in the fine points of the game.

"She's the type of player I want in nets," Lawton said. "She's a real team player and she's got a great attitude."

With a new goaltender on the squad, Lawton feels his team will have to concentrate on the defensive aspects of the game and not rely too heavily on scoring goals.

"I think this is the best offensive team we've ever had but we've been working on defence, defence, defence in practice," he said. "We play so many of the top teams in Canada and the U.S. and we sometimes look past teams in our own league, which we can't afford to do."

■ ■ ■

**Newcomers:** Four players from John Abbott College are on the roster this year: Debbie Woods-Turner, 20 years old from Dorval; Maria Pia Chavez, 20 years old from St-Anne de Bellevue; Shana Hogan, 22 years old from Pointe-Claire; and Val Gaston, 20 years old from Iberville. Two players

from Ontario include Anna Landriault, a 19 year old from Cornwall; and Joanne Bedard, a 23 year old from Etobicoke. Laura Leslie is a 19 year old recruit who last played on the Westluc Midget CC team. Sophie Drolet is another new player who will try out her skills as a goaltender after starring for the women's soccer team.

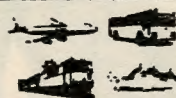
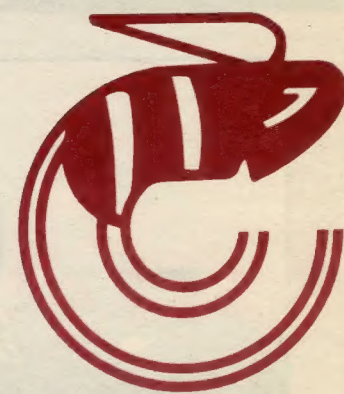
**Returnees:** League leading scorer Therese Brisson is back on defense this year. Rounding out the defensive corps are 4th year player Lisa Morgan and 3rd year player Donna Serrati.

Up front the Stingers will rely heavily on former John Abbott standouts Nancy Moore and Michele Lapointe. Nathalie Hains is expected to improve her stats in her 3rd year, and Sue Prosser is back for her 3rd year, this time as the Stingers Goal-tender.

**Head coach:** Les Lawton is in his seventh year with the Women's Hockey team, his sixth as the head coach. Ending last year's season with a 23-12-3 record. Lawton has a career record of 89-59-19. He played and later coached hockey for the

NDG Maroons and he coached at Loyola High School.

**Assistant coach:** Julie Healy is in her fourth year with the Stingers as assistant to Les Lawton. Healy is a former Stinger and was "Freshman Athlete of the Year" in 1978-79. She is also a member of the "Concordia Ten Year Team" on defense. Healy coached female minor hockey in LaSalle for three years and is presently working at Concordia under the title of Fitness and Recreational Athletic's Coordinator.



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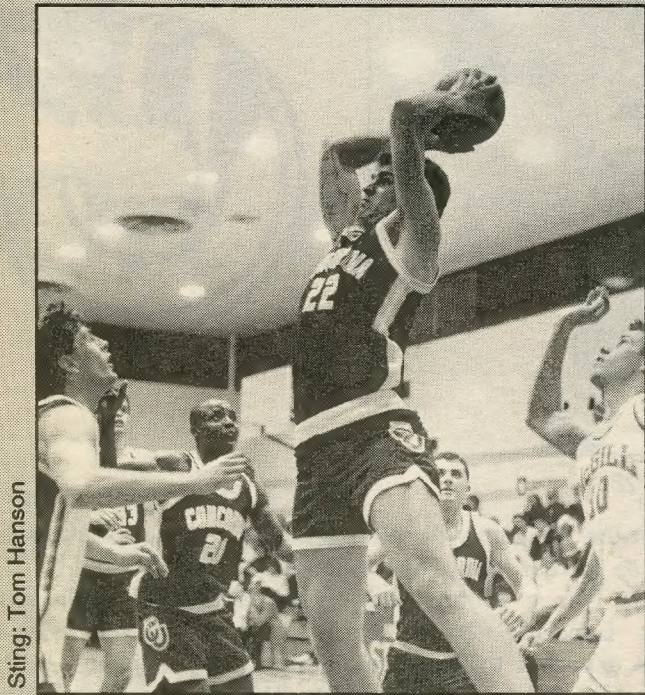
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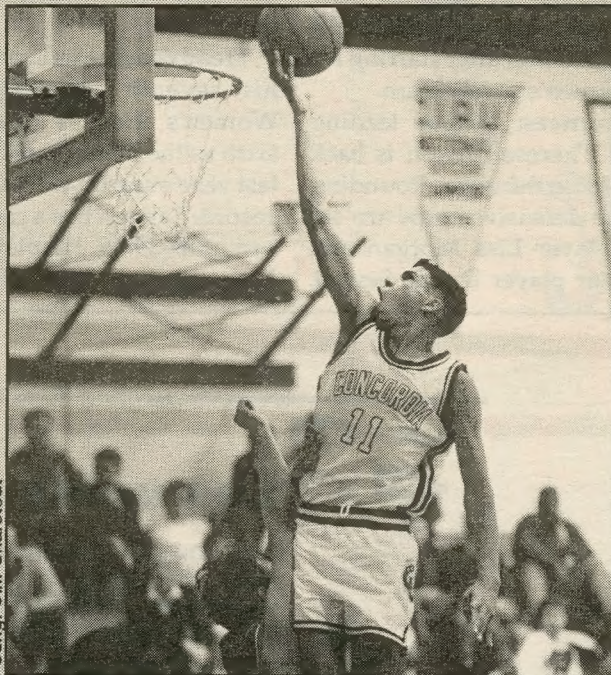
# Men's Hoop scoop

## Stingers leaping for the top!



Sting: Tom Hanson

Forward Dino Perin will be a big factor in the Stingers' quest for National prominence.



Sting: Cliff Skarstedt

The Stingers are counting on Michael's Cohee's scoring touch this season.

Head Coach Doug Daigneault begins his 23rd year behind the Stinger bench, having joined the new Ontario circuit. Concordia will field their youngest team ever with only one fourth year player.

However, this team is busting at the seams with talent. Captain Nick Arvanitis is coming off a banner campaign in which he was selected a QUAA First Team All-Star. The All-Canadian candidate finished fifth in CIAU rebounding and third in conference scoring last year. Arvanitis will receive plenty of support from both Dino Perin and Ernie Rosa. Both players were on the 1987 Vanier National Championship Team. Impressive newcomer Leon Pierre, a two time College All-Canadian, should also contribute at the forward position.

In the back court, look for the Stingers to rotate four guards on a continuous basis. Second year Stinger Michael Cohee should immerge as a bonafide All-Star this season. Concordia has added three outstanding guards to their roster. Quebec Foundation scholarship winners Dexter John and Allan Cox could be one of the most exciting new tandems in Canada. Both players helped Dawson College to the 1988 College

National Championship. CE-GEP All-Star Pat Sullivan (Champlain College) will give the Stingers more depth at the guard position.

### Newcomers

**Dexter John**, 5'11-165, 21 years old, Dawson College; **Allan Cox**, 5'10-160, 20 years old, Dawson College; **Leon Pierre**, 6'6-195, 20 years old, John Abbot College; **Pat Sullivan**, 5'11-175, 19 years old, Champlain College; **Glenn Marsh**, 6'3-170, 20 years old, Quebec City; **Charlie Mason**, 6'2-185, 21 years old, Plattsburgh, New York.

### Key returnees

**Nick Arvanitis**, 6'5-215, 21 years old, Vanier College, Captain, third in conference scoring (18 points per game), QUAA First Team All-Star, fifth in rebounding (CIAU); **Dino Perin**, 6'8-235, 20 years old, Vanier College, QUAA Rookie of the Year and Second Team All-Star, averaged 14 points and 7.5 rebounds per game; **Ernie Rosa**, 6'5-200, 20 years old, Vanier College, shot 59.6 % from the floor last year; **Michael Cohee**, 6'1-170, 23 years old, Champlain College, set league record for free throws (19 of 22) last year, totalled 371 points last season, All-Star in Queen's Tournament last year.

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## Close up: Allan Cox

by Sylvain Bouchard

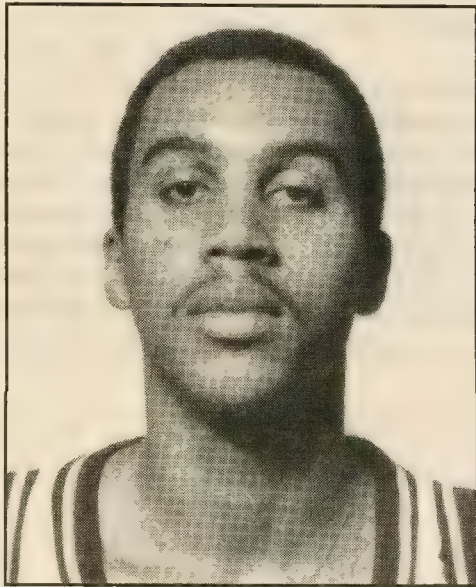
Allan Cox has begun his first season as a member of the Concordia Stingers basketball squad. This 5'9, 165 pound point guard, "one of Canada's two finest" says Coach Doug Daigneault, will this year be under the university league spotlight. Cox, who wears number 10, was born in Jamaica on August 5th, 1968. His family moved to Montreal some 10 years ago and Allan learned the ropes of basketball playing successively at Westmount High School, and the civil leagues for Youth East and Little Burgundy.

Very swift and sly on the court, he then joined college basketball's powerhouse Dawson College, where he played under coach Varouj Gurunlian. Allan is coming off a dream year not only on the court for the Blues, but in Dawson's classrooms as well. The expectations are big for this freshman player who will undoubtedly this year, take advantage of the fact that the other teams don't know him yet. They sure don't know what awaits them.

- My best moment in basketball:
- The 1988 National College championships. It felt twice as good to win it all because we failed at it in 1985.
- My biggest deception:
- The whole 1986-87 season at Dawson. I didn't feel like I was being used to my full potential.
- Nickname:
- Big Al.
- What I could improve:
- My intensity in practice could be higher. (Cracks a meaningful smile.)
- My family:
- I am the youngest of three children. My brother Andrew is an artist while my sister Ann majors in Art history at McGill University.
- My residence:
- I live in Little Burgundy.
- My favourite hobbies:
- Relaxing, listening to music and reading.
- My favourite meals:
- Curry goat and fried chicken.
- My favourite type of music:
- Funk, rap, and reggae (equally).
- My favourite type of books:
- Mystery books and sci-fi.
- My favourite subject in high school:
- History.
- Current program of study:
- Major in Economics.
- Best coach I've had in the past:
- Joe Tyrrell, when I played midget for Little Burgundy.
- Pro-basketball role model when I was young:
- Without a doubt it had to be "Dr. J" Julius Erving former star guard of the

Philadelphia 76'ers.

- Career ambitions:
- Undecided. Right now I just go with the flow at school.
- Ambition in life:
- I want to be happy in life at whatever I do.
- My best quality:
- I'm very rational, cool-headed and understanding towards everything.
- My worst fault:
- Sometimes I'm too nice. I sacrifice myself for other people that don't always deserve it.
- Favourite NBA player and team:
- Chicago's Michael Jordan and the New York Knicks.
- My opinion on the Ben Johnson story:
- As far as I know, you're innocent



Sting: Paul Hrasko

Stingers' guard Allan Cox

until proven guilty and not the other way around. He didn't get a chance to be heard and should get a second chance to run for Canada.

- On university athletes being randomly tested for drug use:
- As far as basketball is concerned, I think the testing would be useless. But yes I'd be in favour because, after all, it's your personal integrity that is at stake if you'd refuse.
- On if pro basketball players should be the highest paid athletes:
- They have as rigorous a schedule as baseball players but yet they don't make as much money. They should be paid proportionally to the team profits, which would be redistributed in respect to the performance expected and given. Actually, it should be that way for all athletes.
- I hate:
- Not having money.
- Personal advice for youth athletes performing in Canada:
- Don't be disillusioned with the glamour revolving around pro. sports because unless being super talented and lucky, your chances are slim to make it there. Use sports but don't let it use you.

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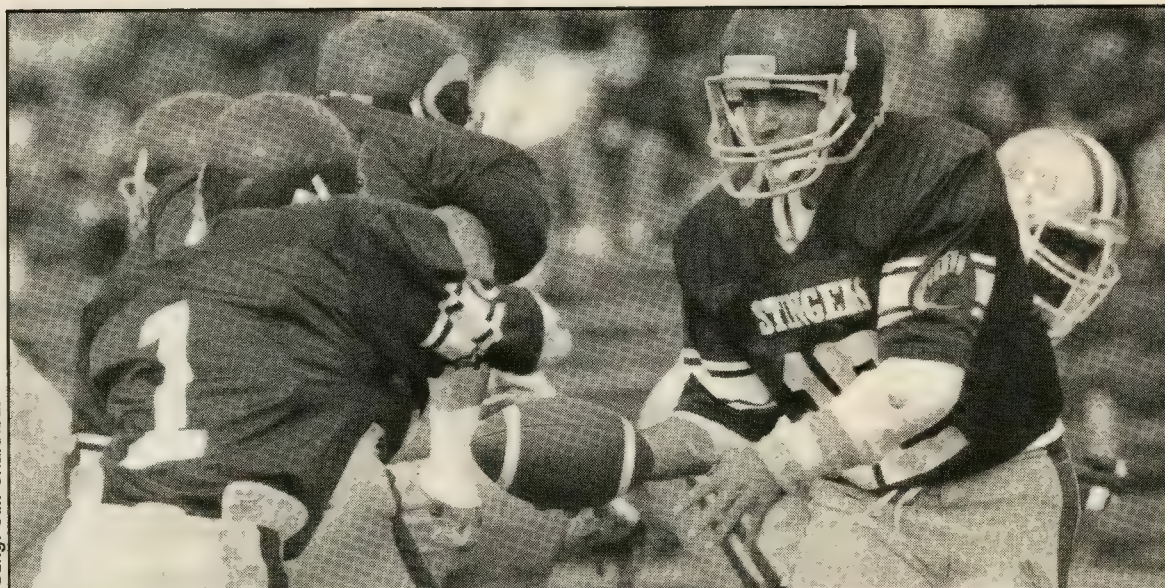
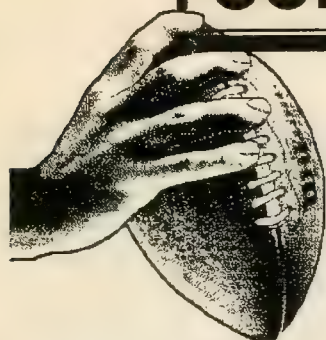


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# Football Stingers look to improve in 1989



by Trent Tilbury

The 1988 version of the Concordia Stingers came up short in their quest for a play-off spot. The Stingers rebounded from a 1-3 start to defeat the nationally ranked Queen's Golden Gaels and Bishop's Gaiters in convincing fashion. However, the Stingers lost to the 10th-ranked Ottawa Gee Gees 23-15 in their final game of the year.

Concordia fielded its most impressive team in recent years. They were both young and talented and in the end, that inexperience cost them a play-off spot. With only six seniors on the 55 man roster, the future looks bright for the team. The Stingers learned how to win in 1988 and the agony of missing the play-offs on the final day of the year should give the players

Sting: Cliff Skarstedt

Quarterback Ron Aboud capped off a brilliant season by being named a conference All-Star.

something to contemplate over the winter.

Just how good was this year's squad? One merely has to look at the list of All-Conference selections. When a team misses the play-offs and places seven players on the All-Star team, you know the talent was in place. The Stingers came into this season with no proven All-Stars and came out with more selections than any other team in the league. These seven Concordia All-Stars included quarter-

back Ron Aboud, slot back Mirco Buth, receiver Patrick Yoshy, guard Paul Vajda, offensive tackle Richard McCrory, linebacker Martin Ferdais and cornerback Stephane Chapados.

Second-year offensive guard Paul Vajda was also named the top lineman in the conference. He carries the Concordia tradition of excellence on the offensive line. Vajda is nominated for the "J.P. Metras Trophy," which goes to the top lineman in the

CIAU. This is the third consecutive year that a lineman from the Stingers has won this award.



## Concordia All-Stars

Multi-dimensional quarterback Ron Aboud (5'11-200, Montreal) had a banner season for the Stingers. Aboud completed 57.5% of his passes for 1313 yards this year. He passed for seven touchdowns in his 7 games. Last year's O-QIFC "Rookie of the Year" also rushed for 375 yards and three

touchdowns. Aboud had five 200-yard passing games this season. He is currently a student in the Faculty of Commerce.

Mirco Buth (6'5-220, Montreal) was an important part of the improved Stinger offensive attack this year. Buth finished the year with 29 receptions and 607 yards in receiving. This was the highest total by a Stinger in six years. He attended the 1988 Edmonton Eskimo camp and will graduate from Economics this year.

Second year Stinger Patrick Yoshy (6'2-196, Montreal) gave Concordia an impressive 1-2 punch at the receiver position this year. He caught 27 passes for 375 yards. The 23 year old Political Science student also scored four touchdowns.

Sophomore guard Paul Vajda (6'2-262, Montreal) had an impressive season on the Stinger offensive line. Vajda anchored a line that provided quarterback Aboud with great protection throughout the season. The team's sack total was cut in half and Vajda's play was a big reason. Vajda, one of four Vanier graduates on the offensive line, studies Economics.

Junior offensive tackle Richard McCrory (6'4-280, Montreal) is another member of the Vanier connection at Concordia. McCrory's play helped the Stingers stabilize their offense. McCrory is a projected 1989 CFL draft choice and his play this year will warrant more attention by the scouts. He is the strongest team member (450 lb bench press) and is a third year Exercise Science student.

Senior linebacker Martin Ferdais (6'2-228, Montreal) was an integral part of the improved Stinger defensive unit. Ferdais finished with 57 tackles including eight for losses. He helped shut down the Bishop's Gaiters with 12 tackles on October 15th. Ferdais has the strength (400 lb bench press) and speed (4.7 in the 40) to play in the CFL. Captain Ferdais is an Urban Studies student and will graduate this year.

Junior captain Stephane Chapados (5'11-190, Montreal) had a big year at the cornerback position this year. Chapados led the conference in interceptions with five. He also led the nation with 143 yards in interception yardage. Chapados chipped in with 35 tackles and was the big play man on the Stinger defense this year. Chapados is a third year Political Science student.

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# Concordia wrestlers aim for immortality

by Pat Rizzo

The defending 5-time CIAU champions are back again this season for another crack at the jackpot. What jackpot one may ask? An unprecedented sixth straight National Title. Concordia tied the CIAU record for the maximum number of straight titles won in 1986 when they captured their third straight. Since then, they have monopolized winning National pennants.

The next question most people ask is, does Concordia stand a chance for winning a straight 6? Having examined the fact that Concordia held its own and brought home the red and white pennant during their rebuilding year, (a year where McMaster and York were the favorites to win) clearly demonstrates the potential of this team.

This year about 60% of the team is composed of veterans with ample experience; therefore, one can conclude that confiscating Concordia's wrestling crown is a quasi-impossible mission.

Concordia's returning wrestlers include: Rob Dawson and Andy Borodow, both gold medalists at last year's CIAU Championship. David Mendelsohn, Tom Rebello and Chris Villeneuve were bronze medalists, while Mike Meekins finished fifth despite an injury.

This gives the Stingers 6 out of the 10 positions needed for another National title shot. The next three wrestlers are the harvest of Victor Zilberman's feeding system in which senior Stinger wrestlers recruit potential wrestlers at high schools and teach them the tricks of the trade. These compete in the GMAA (Greater Montreal Athletic Association) league, they then proceed to the collegiate level where they train under Zilberman himself and then by age 18-19 they are ready to help maintain the "Stinger pride."

The newcomers to the team are Dwayne Zacchaire, Anthony Merlo, and Danny Joffre. Zacchaire and Merlo placed first at the last year's Espoir (18-20 years of age) National Championships and both went on to place fourth at the Espoir World Cup held in mid-July. Joffre on

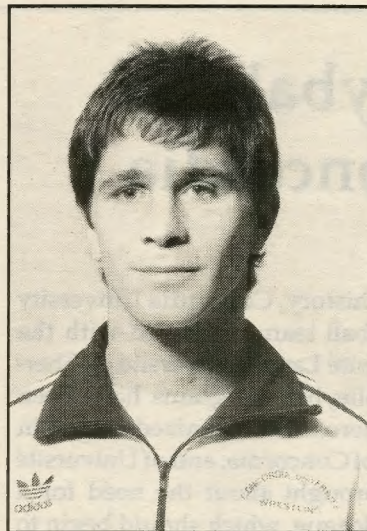


Andy Borodow

the other hand placed second at the Espoir nationals.

Said Chouphani should also join the team in January. However, little is known of him since he has just arrived from Vancouver.

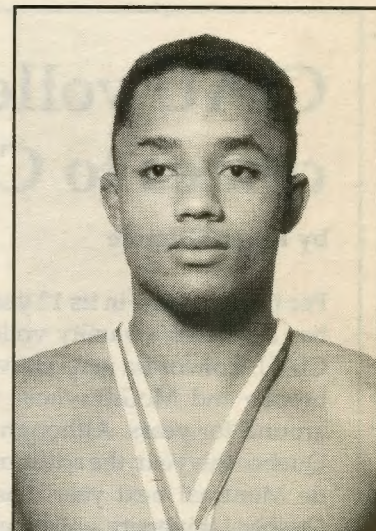
It is interesting to note that the Concordia grapplers unlike other varsity sports do not only train in wrestling but in a multitude of sports. They average over 25 hours per week of endurance training. They combine wrestling techniques, weight training, gymnastics, judo,



Rob Dawson

swimming and running. Moreover, since most schools are closed on Sundays, the team made a special agreement with a fitness club in the Cote-St-Luc shopping mall so they can train from 10 am-1 pm. The coaching strategies of the three time Soviet National champion Victor Zilberman, should not be questioned since the results speak for themselves.

This year, unlike the past couple of years, Concordia will be competing in the Ontario league. Last year the squad



Michael Meekins

competed in the Atlantic provinces championships. The top 3 wrestlers for each weight category will advance to the CIAU National Final, while only one from the Atlantic and Western provinces will advance to the CIAU's. Previously, it was the top 2 from each division. The purpose of this is to have the maximum number of athletes come from the Ontario league which is now the strongest because of Concordia's outstanding wrestling program.



# WINNERS

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# Varsity round-up

## CIAU volleyball comes to Concordia

by Karen Gilmore

For the first time in its 13 year history, Concordia University has a women's varsity volleyball team registered with the CIAU. Concordia joins Université Laval, Université de Sherbrooke and McGill whose volleyball programs have been around for years. Although there is no organized league in Quebec this year, the addition of Concordia, and of Université de Montreal next year, has brought about the need for a Quebec University volleyball league, which should begin to operate next season.

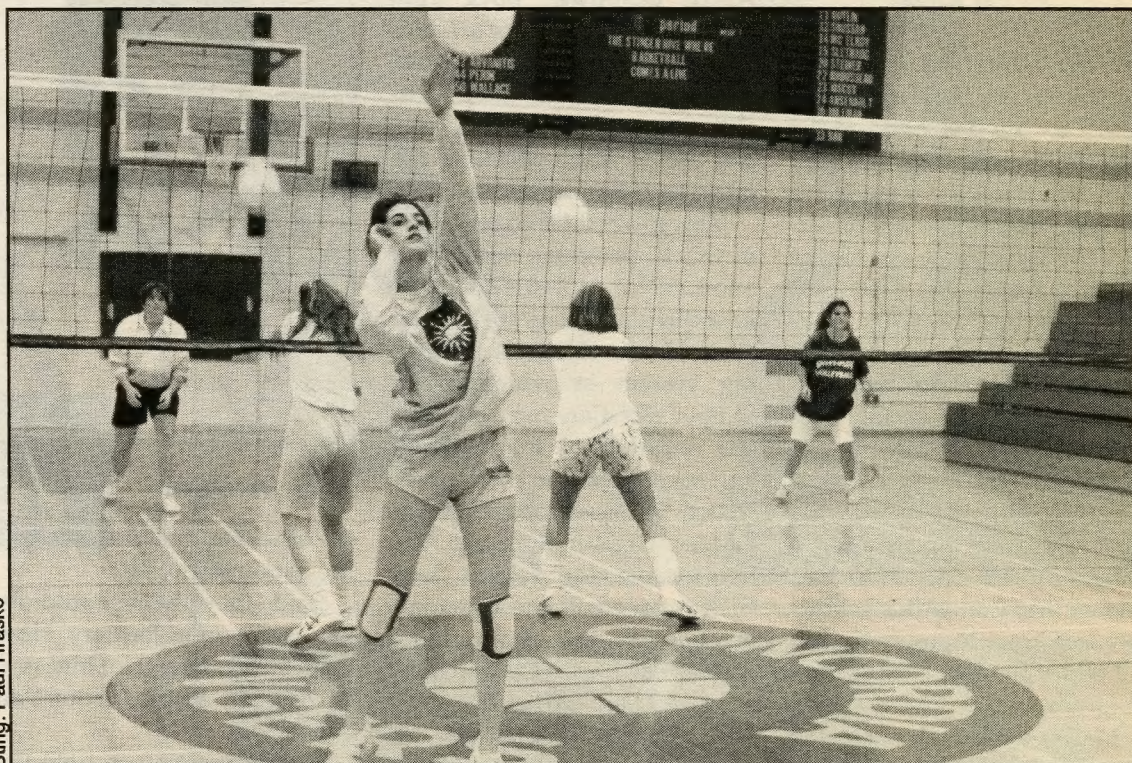
The creation of this program is due to the increased demand for equal opportunities in sports for women. Athletic director Bob Philip and Director for Women's athletics, Kathy McDonald, decided to implement a volleyball program at Concordia as part of this equalization process in sports.

The program, in its first season has already accomplished a few of its objectives under the direction of head coach, Melanie Sanford, a former National team member. A summer volleyball camp was introduced this year and was met with good participation. A few coaching clinics have been given at various high schools in the area, and more are planned for the rest of the season.

The varsity team itself has been training together since mid-September, and from a group of players with different playing styles and experiences, a promising team has emerged. The Stingers have played in three tournaments this season and are scheduled to play in three more, as well as in informal matches with other university and CEGEP teams.

Their first competition in Plattsburgh was a success as they placed second overall. With a stronger field of competition at the McGill Invitational on October 15, Concordia reached the semi-finals to finish in the top four with Ottawa, Queen's, and Guelph. At their last tournament, on October 22, Concordia played Université Laval for the first time this season, scoring well (15-9, 15-11), but losing to the second ranked Canadian University team.

Plans for this season include an increase in the strength of competition and to continue training and improving the team as a unit. In short, to be bigger than the sum of its parts.



Sting: Paul Hraske

The Stingers continue to improve under the guidance of former National Team member Melanie Sanford. They will host a tournament on November 12.

## Concordia aims for sweep in skiing

by Steve Austin

The 1988-89 campaign marks the third year of the Concordia Ski Team as a democratic, student-run organization and its tenth season with the Q.U.A.A. Alpine circuit. Last year the Stingers were victorious in the women's division while the Men's team placed second overall. Both ski teams will field their strongest units ever as fresh racing talent has been recruited for the upcoming season.

The Men's team will be led by a pair of crafty veterans. Marc Scheib, now in his fourth year, finished in the top five last year while former professional Robert Seguin finished fourth overall. Scheib was selected the M.V.P. for the Men's team last year and was consistently in the top five in the six races he competed in. Second-year skier Andre Choquet will certainly improve on his 129 point total from last year.

The hot newcomers include Martin Lebeau, Stephane Roy and Chris Klotz. Lebeau is former a Quebec Team member who studies in the faculty of Economics. Roy competed in

the Laurentian zone while Klots was on the Ontario circuit.

"With our new recruits and veteran skiers we should have a good shot at the title", said Seguin confidently.

Team Captain Seguin was knocking on the door of the National Team as a junior but chose to turn pro on the U.S. circuit.

"There are too many political decisions at Ski Canada", Seguin added. "There were racers below me who were given preferential treatment."

Seguin joined Concordia last year and hopes to make the Concordia Ski program bigger and better. "I thought that I could upgrade the Concordia program in a hurry because they had very few experienced skiers" Seguin stated. "The chance to help a good cause and attract new skiers was also appealing".

The defending Provincial Champion women's team also looks strong this year. They will be led by several outstanding skiers. Front and center is Pascale Savard who led the women with 200 points last year. She will be joined by four-year veteran Renata Scheib who placed seventh overall last year. Both skiers will represent Canada at

the Europa Games in Fleen, France. These games will be held January 8 - 18 and Robert Seguin will also accompany Team Canada.

Former National Team member Liz Tommy (1983-84) will also be counted on in 1988. She finished just behind outstanding Rookie Leslie Clement last year in the overall standings. Clement, who was selected Concordia "Female Rookie of the Year" for 1987-88 is also expected to improve on last year's consistent top ten performances. She is one of very few athletes who excel at two sports for Concordia; the other being Women's Soccer.

The Stingers have added outstanding rookie Rosanne Gamache to their Women's team. Gamache is a former National Team member who studies in the Faculty of Commerce. She is expected to step into the top three in the Women's overall standings.

"With the arrival of Rosanne, we should maintain first place," said Captain Seguin.

The Concordia Ski Team will be holding their annual Ski Sale November 2 - 5 inclusive. They hope to raise over \$25,000 in order to offset the costs to compete at such a high level.

## Concordia Ski Team SKI SALE

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# Varsity home schedule

November 1988

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		6:50 p.m. Bishop's Women's Hockey				2:00 p.m. McMaster Men's Hockey  Hamilton McMaster Invit Wrestling
		1	2	3	4	5
2:00 p.m. Laurentian Men's Hockey  TBA Quebec Finals Women's Soccer  12:00 Quebec Finals Men's Soccer		5:00 McGill (at McGill) Men's & Women's Hockey				
6	7	8	9	10	11	12
					7:30 p.m. U.Q.T.R. Men's Hockey  6:15 p.m. John Abbott (at JAC) Women's Hockey	1:00 p.m. Dartmouth Women's Hockey  Toronto York Invit Wrestling
13	14	15	16	17	18	19
		6:50 p.m. McGill Women's Hockey			8:30 p.m. Ottawa Men's Basketball  6:30 p.m. Western Ontario Women's Basketball	2:00 p.m., R.M.C. Men's Hockey  6:30 p.m. Brooklyn College Women's Basketball  Sacville, NB Mt Allison Open Wrestling
20	21	22	23	24	25	26
27	28	29	30			

December 1988

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					6:15 John Abbott (at JAC) Women's Hockey	
				1	2	3
2:00 Laurentian Men's Basketball		7:30 Ottawa Men's Hockey				
4	5	6	7	8	9	10
						New York NYAC Chr. Open Wrestling

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Stingers vs Dalhousie— 8:00 pm on Friday, November 18